

**HARBIN
HERO HUSTLE**
5K & Health Walk



VOTE FOR TO WIN \$500

People can **nominate** their favorite charities for a chance to earn a donation by logging onto their social media accounts. The nomination period opens on Monday, July 31 and ends at 10 p.m. on Friday, Aug. 11. To nominate a charity, individuals need to **post the charity name and include the hash tag, #HarbinHeroChallenge, to Facebook, Instagram and Twitter.** A quick note, shares and likes don't count as nominations.

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It's important to remember that every nomination matters. In last year's contest, the competition came down to the closing minutes of the final day with DIGS and Harbor House, edging out Cancer Navigators, CRBI and the Open Door Home by less than three nominations.

The five charities receiving the most nominations also compete to become the overall Harbin Hero Challenge winner and receive an additional \$1,000.

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Go to <https://harbinclinic.com/nominations-now-being-accepted-2017-harbin-hero-challenge> for more information.